



# When handling large heavy plates

Here you will find good advice on how to best handle large heavy plates.

**1**


Insert a metal wedge in one corner to separate the required number of plates from the stack.

**2**


Separate the plates by pushing the wedge further in using the forks of the truck.

**3**


Use one fork to slightly lift the stack from the underlying plates.

**4**


Move the wedge to the centre and lower the stack of plates until they rest on the wedge.

**5**


Now you can squeeze the forks in between the required number of plates and the rest of the stack and lift them clear of the stack.

**6**


It will facilitate your work if it has been agreed in advance that returned plates must be placed on battens.

## Technical aids



An electronic catalogue of technical aids.

[www.teknisk-udstyr.dk](http://www.teknisk-udstyr.dk)

## Remember!

- ▶ Assess and plan the task to reduce physically straining work.
- ▶ Make sure there is plenty of space in the work area.
- ▶ Avoid lifting heavy and unhandy items.
- ▶ Always use a suitable technical aid whenever possible.
- ▶ Agree with the customer to place returned plates on battens.